



## Safe & Flexible Dance Plan



### C R E A T I V E   S P A C I N G

VDS has 3 large open studios to allow dancers plenty of room to practice at a safe distance. VDS instructors will keep dancers moving and spaced out during class to minimize contact. Masks are not required for our dancers, however we will honor parent choice if your child needs to wear a mask during class.



### C L E A N   &   S A F E

Our waiting rooms will be closed and dancers will be dropped off and picked up at the door. When dancers arrive they will be given hand sanitizer and directed to their studio. Instructors and dancers will wear masks when needed and state guidelines will be followed. Our studios will be sanitized in between each class. All of our instructors will be taking their temperature daily before being allowed to teach and will follow the guidelines provided by the CDC.



### F L E X I B L E   T R A I N I N G

The VDS Dance Plan 2022 allows dancers several different options to continue their dance education at VDS.

The VDS 2022-2023 Program offers in studio classes as well as virtual access for the VDS Video Dance Series if needed.

VDS Instructors will share videos of choreography at any time to help dancers that are absent and are available for Private lessons.

Once a year, VDS will offer a free make up workshop series for any dancers that have missed class due to illness, quarantine or inclement weather closing.



### C U S T O M   T R A I N I N G

VDS Instructors are available for Private & Semi Private in person or virtual lessons in dance, yoga and fitness.

Custom Classes are available for groups of 6 or more and are offered in 6 week sessions for ages 2- adult.

Studio rentals are also available for dancers to practice and train.

Private Lessons are available at a discount for our VDS Program Dancers.

### V D S   P A R E N T S



All parents must sign the COVID-19 liability waiver and agree to follow the health and safety rules of VDS.

Students will not be allowed to attend VDS if they have been sick within the last 48 hours.

As a team we are all committed to keeping our dancers safe and healthy both physically and mentally. Please note that we will adjust our policies as needed for the health and safety needs of our dancers.